Advice on Coronavirus (COVID-19) for people who have had a diagnosis of cancer

Coronavirus (COVID-19) is a new virus. We are still learning how it works.

There are some groups of people who may be more at risk of serious illness if they catch coronavirus. But we do not think these groups have a higher risk of catching coronavirus. This is similar to other infections such as flu.

It is likely you are more at risk of serious illness if you catch coronavirus and:

- are 60 years of age and over
- have a long-term medical condition – for example, heart disease, lung disease, diabetes, cancer or high blood pressure

If you are in an at-risk group take extra care to protect yourself from coronavirus. We expect there to be community spread of the virus soon. Think about how you can avoid crowded spaces, especially indoors. Indoor spaces are less well ventilated. The virus is more likely to spread in smaller and more crowded spaces. You should also avoid people who are unwell.

You and your family/carers should take extra care to protect yourself from coronavirus

- Stay up to date, check the www.hse.ie - HSE coronavirus page
- Avoid all but essential travel to affected areas
- Wash your hands frequently with soap and water or alcohol hand rub
- Cover your cough, dispose of the tissue, wash your hands
- Avoid touching your face with unclean hands
- Regularly clean and disinfect frequently touched objects and surfaces
- Avoid contact with anyone who is ill with a cough or difficulty breathing
- If you are ill, minimise contact with others, especially those who have medical conditions, are elderly or pregnant.

Phone your GP if you have any symptoms of coronavirus and are concerned.

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